

# **KIDS IN CRISIS**

# **RESOURCE GUIDE**



**Nevada County**  
Superintendent of Schools

**Revised: 3/15/11**

**“KIDS IN CRISIS”  
Nevada County Services**

<b>PROGRAM</b>	<b>CONTACT PERSON</b>	<b>SERVICE</b>	<b>PHONE</b>
Big Brothers Big Sisters	Dena Valin, Executive Director	Children of single parents matched with well-screened adult friend	273-2227
Booth Family Center	Claire Gunkel Family Advocate	Temporary housing for homeless families	274-3500
Child Advocates	Leslie Harter, Executive Director	Provide educational, preventative and support services to at-risk families and children.	265-9550 ext. 23
Child Protective Services	Leslie Scott, Emergency Response Supervisor Suzanne McMaster, Ongoing Unit Supervisor	Emergency response, reunification, family maintenance, permanency plan	265-1675  470-2523
Children’s Behavioral Health	Becky Slade, Program Manager	Counseling/case management for youth <i>SUICIDE CRISIS LINE</i>	470-2539  265-5811
Community Recovery Resources (CoRR)	Jeff Jones, Clinical Director	Adolescent Substance Abuse	273-9541 ext. 200
Court Appointed Special Advocate (CASA)	Laura Harter Bruce McCulley	Speaks in courtroom on behalf of abused, neglected, foster children	265-9550
Domestic Violence & Sexual Assault Coalition	Niko Johnson, Executive Director	Resources for domestic violence and sexual assault victims and their families	272-2046
Family Court Services (Mediation)	Paul Jaffe, Director	Mediation directed through Family Law Court	265-1733
Family Preservation Program	Dawn Bateman, Supervisor	Community-based in-home family support services	478-0900 Ext. 205
First 5 Nevada County	Lindsay Dunckel, Executive Director	Funds programs and services that will enhance a child’s first five years	265-0611 ext. 223
Friday Night Live/Club Live	Shannon Glaz, County Coordinator	Promotes healthy lifestyles free of alcohol, tobacco, and other drugs	265-1451
The Friendship Club	Jennifer Singer, Executive Director	Mentoring support program for at risk adolescent girls	265-4311
Grass Valley Police Dept – School Resource Officer	Officer Zack LaFerriere	Hennessy School, Grass Valley Charter, Park Avenue Alternative H.S.	272-2635 ext 318
Headstart/Kidzcount		Offers high quality preschool for children pre-birth to five years.	886-4122
K.A.R.E. Crisis Nursery	Lynn Woerner, Executive Director	Provides respite for families in crisis with small children ages 0-6	265-0693 265-6520
Nevada County Health Department	Katherine Kessler, P.H.N.	Health concerns for children	470-2461
Nevada County Tobacco Use Prevention Program	Felicia Sobonya, Project Director	Provides tobacco cessation, prevention, and information for adults	265-7018
Nevada County Foster Youth Services/ILP/Indian Ed	Mary Jane Ryan-Connelly, Foster Youth Services Melissa Marcum, ILP & Indian Ed	Advocacy and support services for foster youth and preparing youth for independence	478-6400 ext. 208 ext. 202
PARTNERS Family Resource Center – GV	Karen Wallack-Eisen	Provides families with support, information and resources.	273-4059
PARTNERS Family Resource Center – PV	Casey McCormick	Provides families with support, information and resources.	432-1118 ext 249
PARTNERS Family Resource Center – NSJ	Diana Malley, Diana Pasquini	Provides families with support, information and resources.	292-3174

Probation Department Special Services	Mike Dent, Program Manager	Truancy Abatement, Runaway Shelter, Probation Aftercare	265-1211
R.E.A.C.H.	Kathy Ellis, LMFT	Therapeutic services to child victims of crime	477-5919
Sheriff's Department – School Resource Officers	Dave Devogelaere Jason Spilner	Nevada Union High School Bear River High School K-8 schools	265-7880
Sierra Mentoring Partnership	Cristine Kelly	Builds bridges between a caring com- munity and children in need	265-2900
Sierra Nevada Children's Services		Family resource center that offers fam- ily support services, including child care	272-8866
Special Multi-Discipline As- sessment & Referral Team (S.M.A.R.T.)	Toni Morris	A county interagency team working with children and families	265-1784
Student Attendance Review Board (S.A.R.B.)	Melissa Parrett, Grades K-12	Guidelines and hearings on habitual truancy cases.	478-6400 ext. 221
TEAM 3 Family Counseling	Susan Love, MFT	Low-cost mental health services for all ages	478-5701

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## **Big Brothers Big Sisters of Nevada County**

P.O. Box 1362 Grass Valley, CA 95945

Phone: 530-273-2227 w Fax: 530-273-4113

Email: [info@bigsofnc.org](mailto:info@bigsofnc.org) Web: [www.bigsofnc.org](http://www.bigsofnc.org)

### **MISSION**

Big Brothers Big Sisters of Nevada County is making a positive difference in the lives of children and youth in our community through a professionally-supported one-to-one relationship with a caring and responsible adult.

### **VISION**

Putting a friend in a child's life and putting hope into a child's future by creating a volunteer base where the number of available mentors exceeds the number of waiting Littles.

### **ROLES OF BIG BROTHERS & BIG SISTERS**

The Agency matches children from single-parent families with carefully screened adult volunteers who serve as Big Brothers or Big Sisters. A Big Brother/Big Sister provides friendship, guidance, and support to a child.

Services are provided to children between the ages of six and fourteen at the date of application. A Big Brother is often the only positive role model in a boy's life. Big Brothers and Big Sisters provide individual attention and become special friends, not mother or father substitutes. These matches are monitored until the Little Brothers or Little Sisters reach sixteen. Bigs and Littles spend quality time together sharing common interests. The unique one-to-one relationship grows during the match and helps the Littles become more and more confident and secure.

Big Brothers and Big Sisters are stable and mature adults who have demonstrated responsibility and dependability. The time commitment depends on program requirements and is developed to individual matches to meet specific needs.

### **PROGRAMS**

#### **Community Based Matching**

Get together with a Little 3-4 times a month, 2-3 hours each time, for at least one year. The focus is not on spending money, but simply on spending time with a child. You can develop a relationship and become a trusted friend through a variety of activities. You might play soccer, start a collection, build a model, plant a garden, wash your car, make a meal, explore the community....the possibilities are endless. Your time can make a positive difference in a child's life.

#### **School Based Matching**

Meet with a Little one hour a week at the school at a time that has been agreed on by both parties during the school day (Monday – Friday). All activities take place at the school site during the school year. The matched Big and Little participate in a variety of activities, such as sports, recreation, tutoring, reading together, and the development of life skills. Watch a child's self-esteem grow right along with your friendship.

#### **High School Big Volunteers-School Based Matching**

This program involves juniors and seniors from the local high schools. Our high school Big Brothers and Big Sisters will meet their Littles at the elementary or middle school sites.

#### **Grandfriends-School and Community Based Matching**

This program seeks to involve the many senior and retired people in our community. A grandfriend can be matched in either the school based or community program.

### **SUPPORT**

Once a match is made, a friendly supportive Case Manager will provide you with advice and support to help the match grow. All Bigs attend a mandatory New Volunteer Training which also provides an opportunity to meet other Bigs to discuss match successes and challenges. Enjoy a variety of Big & Little Activity Days with the agency throughout the year. In our Community Program, you'll receive a Match Advantage Card which allows you and your Little to participate in a variety of community activities at a reduced cost.

### **RESULTS**

Big Brothers and Big Sisters offer support to children's growth and development through a nurturing relationship, leading to greater self esteem, improved personal relationships and less involvement in risk-taking behaviors.

## **CHILD ADVOCATES OF NEVADA COUNTY**

531 Uren Street, Nevada City 95959  
(530) 265-9550, Fax: (530) 265-4410  
<http://caofnc.org/>

Child Advocates of Nevada County (CANC) was established in 1993 with headquarters in Nevada City, California with a mission to provide educational, preventative and support services to at-risk families and children so that children living in Nevada County have the opportunity to grow up healthy and free from abuse and neglect.

### **CANC's core programs include:**

\***Court Appointed Special Advocates (CASA)** program provides certified trained community volunteers to act as advocates for children's interests in court proceedings. This program presently has almost 100 trained volunteers in the community serving Nevada county children. CASAs are sworn officers of the court and work directly with children removed from abusive or neglectful homes and with other at-risk children in the community. CASAs make recommendations to the court for children's best long-term interests. *For information on our CASA program contact CASA Program Manager, Margaret Meagher, at (530) 265-9550, extension 26, or e-mail her at [margaret@caofnc.org](mailto:margaret@caofnc.org)*

\***Child Safety Puppeteers Program**( formerly known as CAPINCS) is an educational puppet show program provides non-threatening education in the elementary and pre-schools schools to over 3,000 children annually concerning self-esteem and assertion skills and avoidance of threatening situations related to bullying and other inappropriate behaviors utilizing trained high-school volunteers. *For information on this program please contact Melinda Douros, Program Director at (530) 265-9550, extension 22, or e-mail her at [melinda@caofnc.org](mailto:melinda@caofnc.org)*

\***Foothills Healthy Babies (FHB)** program provides healthy-baby training and support to at-risk pregnant Sierra Foothills women and young mothers annually that are referred to us from public health clinics and other agencies. *For information on this program please contact Laura Harter, Program Director at (530) 265-9550, extension 28, ore-mail her at [jan-mac@caofnc.org](mailto:jan-mac@caofnc.org)*

In addition to providing a continuum of programs to reduce the impact of child abuse and neglect on children living in Nevada County, CANC staff refers our clients to other community services as appropriate, thereby enhancing the circle of care to at-risk underserved children and families, reducing overlap and duplication of services and maximizing scarce resources.

# Nevada County Human Services Agency

**CHILD PROTECTIVE SERVICES**  
208 Sutton Way Grass Valley, PO Box 1210  
Nevada City, CA 95959

## **About Child Protective Services:**

The mission of Child Protective Services is to consistently, compassionately, and creatively prevent child abuse and neglect and to protect children by empowering families to achieve their highest potential. We will collaborate with community partners, families, and each other to inspire and facilitate social change. We are committed to personal and professional growth and innovative practice.

The Emergency Response unit provides an in-person response to reports of abuse or neglect, 24 hours a day, 7 days a week. The Ongoing Services unit provides services to families in crisis designed to help a child stay safely in the home, or return the child home safely when an out-of-home placement is necessary. Services to families and children may include but are not limited to: drug treatment, respite care, therapeutic services for individuals and families, mental health services, parenting education, anger management, and referrals to community services. We also provide foster care placements and permanency services such as adoption and guardianships when children cannot be safely returned home.

The Differential Response Program provides voluntary services to families who may need support but do not meet the legal criteria for CPS services. These services are provided by local Family Resource Centers. The Family Preservation Team provides time-limited, voluntary services to families in order to keep children safely at home and support parents in meeting the heavy demands of raising a family.

Anyone who is concerned about the welfare of a child or suspects that a child is neglected, abused, or exploited should call the numbers listed below.

## **Would you like to become a foster or adoptive parent?**

Local foster homes are always needed! If you are interested in becoming a foster or adoptive parent, please call the number listed below.

## **How to contact Nevada County CPS:**

**Child Protective Services Office & Child Abuse Referral Hotline:** (530) 273-4291

**Toll-Free Child Abuse Referral Hotline:** (888) 456-9380

# Nevada County Children's Mental Health Services

Nevada County Children's Mental Health Services provide therapy and related services to children and youth of all ages in Nevada County. The purpose of the services is to treat children / youth with severe and persistent mental health problems so as to enhance their quality of life. Therapists have an important role in helping children and youth manage their issues. An array of services is provided.

- ◆ **Therapists in classrooms** for emotionally disturbed students at Scotten, Lyman Gilmore and Nevada Union High Schools (in partnership with the Nevada County Superintendent of Schools office and the Nevada Joint Union High School District).

## **Out-patient therapy at the clinic includes:**

- ◆ **Play Therapy:** an effective modality to help children express feelings and gain mastery and control over memories and feelings generated by adverse life circumstances.
- ◆ **Family Therapy:** usually the most helpful form of child/youth therapy to address family system issues, so roles and relationships can be explored and family members can recognize the impact that their behavior has on each other and increase family cohesion and belonging. Family therapy can address communication and problem-solving in the family.
- ◆ **Individual Therapy:** often offered in conjunction with other forms of therapy.
- ◆ **Medication assessment and monitoring:** provided by a psychiatrist, best if conducted in conjunction with talk therapy. Psychiatrists are trained in the diagnosis and treatment of disorders of thinking, feeling and/or behavior affecting children, adolescents and their families. Psychiatrists address the biological and psychosocial aspects of a child's needs.
- ◆ **Infant Mental Health:** addresses relationship issues between the primary caregiver and a child between 0-2 years of age. The emphasis is on that critical relationship as it impacts overall brain development (especially the ability to self-regulate emotions) of infants/babies.
- ◆ **PCIT (Parent Child Interaction Therapy):** is a research-based approach to address chronic behavioral problems in young children. For children ages 2-8, this is a proven "coaching" model based on a social learning theory. It works by altering the inter-actional style of the parent with their child, leading to a decrease in child behavior problems.

*Related Services (Funding from Nevada County First 5 Commission on Children and Families eliminates financial eligibility barriers to services)*

- ◆ **Mental Health Consultation to shelter facilities:** this project brings the expert support of a children's mental health therapist to the staff and residents of shelter facilities to assist with overall stabilization while parents struggle with issues of homelessness, domestic violence, substance abuse recovery and parenting crises.
- ◆ **Parent Support Group for parents of preschoolers:** a psycho-educational group, combines research-based approaches of "Motivational Interviewing" and portions of the concepts of PCIT therapy to lessen the strain of parenting.
- ◆ **Children's Social-Emotional Group:** while their parents are in the parent group, 3-5 year-olds learn to manage their feelings and resolve conflicts with others.
- ◆ **Evening Program:** includes the above services/therapy for parents of children ages five and under. The clinic (Grass Valley clinic only) is open until 7 p.m. on Monday and Wednesday evenings.

**If you feel there is a crisis situation and you need to talk to someone immediately, please call the CRISIS LINE at 265-5811.**

# Community Recovery Resources

## **ADOLESCENT TREATMENT**

**ADAPT – Adolescent Drug & Alcohol Prevention & Treatment – learning recovery skills and making responsible choices**

- 12 to 36 week outpatient program; adolescent groups; family groups; individual sessions
- Program includes parental involvement, group counseling, individual counseling, urinalysis testing

Sliding fee scale. Private Insurance. Medi Cal coverage.

**ADOLESCENT OUTREACH – focuses on substance abuse prevention and making healthy/responsible choices**

- Weekly at Juvenile Hall for incarcerated adolescents – free
  - Weekly support group (**Young & Restless**) on site Wednesday 5:00 – 6:00 p.m. free
- Weekly at Earle Jamieson High School, Sierra Mountain High School, Park Avenue High School

**SIP – Student Intervention Program – provided to support a substance abuse free lifestyle**

- Four week court, school mandated or voluntary program for adolescents; minor drug or alcohol offenses; court / school referral required
- Sliding fee scale



**440 Henderson Street, Suite C · Grass Valley, CA 95945**  
**(530) 273-9541 · Fax (530) 273-7740 · [www.corr.us](http://www.corr.us)**



**Domestic Violence and Sexual Assault Coalition**

(530) 272-2046

<http://www.dvsac.org>

## Support Groups

(all groups are held at DVSAC's office in Grass Valley)

\*Unless Noted

**GROUP:**

**TIME:**

Women's Support Group (Drop-ins welcome). . . . . Tuesdays 11:00am-12:30pm

Women's DV 101/Life Skills Group (Drop-ins Welcome). . . Wednesdays 1:00 pm-2:00pm

Adults Molested As Children Group (AMAC). . . . . Wednesdays 6:00pm-7:30pm  
(call to register)

Success Begins With You

\*Located @ One Stop Business & Career Center. . . . . Thursdays 10:00am -11:30 am  
(715 Maltman Dr. Grass Valley)

Children's Healing Art Group (Call for Information). . . . . Mondays 3:30pm -4:30pm  
(Beginning 5/2/11)

Women's Support Group (Drop-ins welcome). . . . . Thursdays 5:30pm-7:00pm

Individual counseling for Domestic Violence & Sexual Assault victims is also available

**CRISIS COUNSELORS ARE AVAILABLE  
24 HOURS A DAY  
(530) 272-3467**

Mailing address:

**P.O. Box 484, Grass Valley/Office address: 960 McCourtney Rd. Suite E, Grass Valley**



### **Family Preservation Program**

The Nevada County Family Preservation Program, sponsored by the Sierra Forever Families non-profit agency, focuses on children's mental health needs. The program provides a strengths-based, multi-disciplinary approach to mitigate and manage mental health behavioral symptoms in order to improve the life functioning of both child and family. Services are provided in the privacy of the family's home at no cost.

#### **Depending upon the needs of the child, the Family Preservation Program can offer the following services:**

1. Mental health assessment and treatment plan development
2. Mental health counseling by a licensed clinical therapist for child or child and parent(s).
3. One-on-one meetings between child and social worker to address symptoms of mental health diagnosis and create and practice coping strategies.
4. One-on-one assistance to parents, helping them to identify and manage their child's mental and behavioral health symptoms and also devise effective parenting strategies.
5. Regular family team meetings to build awareness of a child's mental health needs by discussing family issues, communication strategies, relationship development, conflict resolution and other skills among family members.
6. Case management and service coordination to create needed community support connections and increase family self-sufficiency.

To be eligible for Family Preservation services, the child must be under the age of 18 and be *enrolled in Medi-Cal*. Family Preservation Social Workers will assess criteria for the third eligibility factor which is that the child must have a mental health diagnosis meeting medical necessity guidelines. Please note that referring agencies do not need to make this determination prior to referral.

**For questions about the Family Preservation Program  
or instructions for making a referral,  
contact Dawn Bateman, Program Supervisor at (530)478-0900 x205.**

<http://www.sierraff.org/>



Terence K McAteer Family Resource Center  
400 Hoover Lane  
Nevada City, CA 95959

**Phone:** (530) 265-0611 ext 223  
**Email:** [Lindsay@first5nevco.org](mailto:Lindsay@first5nevco.org)  
**Website:** [www.first5nevco.org](http://www.first5nevco.org)

**Fax:** (530) 265-0524

**Staff Members:**

Lindsay Dunckel, Executive Director  
Sandi Hedenland, Program Assistant  
Shannon Peline, Bookkeeper

**Purpose of Agency and Funding Process:**

To fund programs and services that will enhance child development in the first five years of a child's life. Funding process done by means of RFP's, Grants and Scholarships, additional details on this process can be found on our website.

**Focus Areas:**

- (1) Parent Education and Support
- (2) Early Care and Development
- (3) Child and Family Health and Wellness
- (4) Accountability and System Integration.

**Small Sample of Agencies and Programs Funded:**

Home Visiting; Family Resource Centers; Immunization Campaign; Educator Support Program; School Readiness Programs; Team 3 Family Counseling Center; Sierra Family Medical Clinic; Collaboratives of Family Service Agencies; NC Health & Human Services; NC Public Health; Child Advocates of NC; Parent Education; Licensed Childcare Facilities.

**Hours:**

Monday through Friday – 8:00 AM to 4:00 PM

**Area Served:**

Nevada County



## Friday Night Live (FNL) in Action: Nevada County

Nevada County Friday Night Live Partnership (NCFNLP) is the leading alcohol and other drug (AOD) prevention program for youth in Nevada County. NCFNLP is housed in the Nevada County Public Health Department, Health and Wellness Division. This is a comprehensive prevention team that focuses on Chronic Disease Prevention, HIV/AIDS, Reproductive Health, Tobacco and AOD Prevention. Our team seeks to improve the health and wellness of the community by developing programs and policies in collaboration with community partners that promote long-term and sustainable changes.

The Friday Night Live program currently has two community based chapters and eight school based chapters. Our community chapters give youth the opportunity to become advocates for their peers. The Y.O.U.T.H. Coalition is our Tobacco Prevention program and is geared toward policies and ordinances that reduce youth access to tobacco. The Coalition for a Drug-Free Nevada County (CDFNC) is the driving force behind changing community norms around underage drinking and other drugs. NEO, the youth sector of CDFNC works collaboratively with FNL on community outreach projects.

"Committed" is a new campaign to engage adults in personally committing to preventing underage drinking. Adults can sign a pledge to not provide alcohol to youth and to educate the young people in their lives about the dangers of alcohol use. The COMMITTED campaign is designed to support a social host ordinance which will increase the penalties and the liabilities of those caught contributing to youth drinking. To learn more about the COMMITTED campaign go to the site below or call Shannon Glaz at the Public Health Department.

<http://www.surveymonkey.com/s/R9JSD96>

**FNL Peer Advocates for Health-** Peer Advocates participate in a school based club at Nevada Union and learn leadership skills and community advocacy through many platforms throughout the school year. Advocates are trained in Drugs 101, resistance skills, suicide awareness and prevention, sexually transmitted diseases and birth control options, and body image awareness. In collaboration with the Domestic Violence and Sexual Assault Coalition (DVSAC), advocates are trained on healthy relationships. Peer Advocates educate and reach out to their peers through one-on-one interactions, national campaigns, tabling at school, classroom sessions, and events in the larger community. N.U. Advocates also reach out to students at Earle Jamison, Park Avenue, Bear River High School, and to youth in the foster care system, to educate their peers on many of these important issues.

It is through the Friday Night Live model that 16 Peer Advocates have had opportunities in leadership, personal development, and adult mentorship during the 2010/2011 school year. These advocates have reached hundreds of their peers directly and indirectly, acting as a resource for accurate information and a referral system to health services.

### Nevada County Friday Night Live Partnership At a Glance:

**Year FNL launched in county:** 1985

**Lead FNL agency:** Nevada County Public Health Department

**Number of FNL chapters:** (10) Total Chapters: (3) FNL, (3) Club Live, (2) FNL Mentoring, (1) Youth Council.

**Number of participating youth:** 220 active members of NCFNLP. 112 are ages 11-14 and 108 are ages 14-19.

**Sites of FNL chapters:** School Chapters: Lyman Gilmore, Nevada Union, Magnolia, Bear River, Ready Springs, Union Hill, Sierra Foothill, Silver Springs; Truckee/Alder Creek FNL Mentoring. Community Chapters: Youth Sector/NEO of the Coalition for a Drug-Free Nevada County; Y.O.U.T.H Coalition, DigiTales, Peer Advocates.

**Key community partners:** Big Brothers Big Sisters of Nevada County, Community Recovery Resources, Center for the Arts, Coalition for a Drug-Free Nevada County, HWY Patrol, Gilmore After School Program (GASP), Grass Valley Parks and Recreation, Grass Valley and Nevada City Police Dept., Live Healthy Nevada County Coalition, Tobacco Prevention Coalition, Truckee Community Collaborative, Tahoe/Truckee Future without Drug Dependence (FWDD), Nevada County Superintendent of Schools, Safe Schools Healthy Students, Sierra Mentoring Partnership.

For more information contact Shannon Glaz, Health Education Specialist, FNL Coordinator 530-265-1451  
[shannon.glaz@co.nevada.ca.us](mailto:shannon.glaz@co.nevada.ca.us)

The Friday Night Live System – coordinated and supported by the California Friday Night Live Partnership and the Youth Leadership Institute – reaches over one million youth in 56 counties across the state.



## Friday Night Live (FNL) in Action: Nevada County

AOD Environmental Prevention efforts initiated through other county programs are funneled through this dynamic club. This has become an effective model in utilizing the voices of young people while simultaneously introducing Public Health Advocacy to the future generations.

- **Friday Night Live Advocates:** Park Ave students have worked together on creating systems of support to create a safer school atmosphere. Nevada Union Peer Advocates have created a strong presence on campus with many different public health campaigns. Bear River's FNL club continues to focus on creating a welcoming school climate for all students, as well as looking globally at humanitarian acts of kindness.
- **Club Live:** members from Ready Springs & Lyman Gilmore middle schools participated in REACH, a 3-day youth leadership conference in Chico, CA. Members from these middle schools also participated in community service activities such as making food for the homeless at Hospitality House and collecting Pennies for Patients for local Leukemia patients.
- **DigiTales:** A twice monthly group where teens record personal stories as bridges into teen social issue topics, transforming them into their choice of either a video or photo voicing narrative piece. The group uses a story "circle", a facilitated supportive storytelling structure allowing teens to craft thoughtful narratives about their experiences. After learning story elements, writing, editing, and storyboarding, the group will move into interviewing and filmmaking skill development. The final products are shown at a mini film festival held at school and in the community.
- **FNL Mentoring:** 22 members from Eastern and Western Nevada County high schools provide 18-20 weeks of one-on-one mentoring to at-risk middle school youth.
- **Y.O.U.T.H.-Youth Opposing the Use of Tobacco for Health** remain a strong group committed to affecting local change. This year has taken them closer to the Yuba River where they collected 7,459 cigarette butts as part of the annual the 13<sup>th</sup> annual South Yuba River Cleanup. Projects in the works focus on Tobacco in the Movies and education about the harmful pollution caused by tobacco litter.

For more information about YOUTH, contact:  
Felicia Sobonya, Tobacco Prevention Coordinator  
530-265-7018  
[felicia.sobonya@co.nevada.ca.us](mailto:felicia.sobonya@co.nevada.ca.us)



The Friday Night Live System – coordinated and supported by the California Friday Night Live Partnership and the Youth Leadership Institute – reaches over one million youth in 56 counties across the state.



**138 New Mohawk Road, Suite 275  
Nevada City, CA 95959**

**(530) 265-4311 Fax: (530) 265-4131**

**Website: [www.friendshipclub.org](http://www.friendshipclub.org)**

**Email: [info@friendshipclub.org](mailto:info@friendshipclub.org)**

**Jennifer Singer, Executive Director**

**The Mission of The Friendship Club is to engage, educate, and empower girls at risk** Founded in 1995, The Friendship Club is a prevention program designed to reach at-risk girls before they engage in unhealthy behaviors. The Friendship Club teaches the girls life skills, personal responsibility and the value of hard work through a year-around program of educational activities, emotional support and community involvement.

The Friendship Club serves one hundred girls in sixth through twelfth grades. The girls come from all areas of western Nevada County.

The girls who join The Friendship Club come from a variety of challenging backgrounds, but they are interested in making the most of their future and want to receive guidance and support in pursuit of their goals. The girls are referred by school teachers and counselors, social workers and community members.

The cornerstone of The Friendship Club is the after school program where girls gather weekly with the staff of credentialed teachers who engage the girls in themed lessons, supervise homework and provide emotional support.

Girls have access to computers and participate in monthly educational field trips and seminars. Volunteers are recruited to help support these activities as tutors, drivers, chaperones and guest speakers.

Summer brings a host of new opportunities and exciting activities that keep the girls active and engaged. Activities include a summer camp for each age group, a weekly reading club, sports and art clinics and community service.

In addition to these programs, each girl in The Friendship Club is matched with one or more women from the community who volunteer to serve as mentors.

## How You Can Help

- I am sending a donation of \$\_\_\_\_\_.
- I can donate services, materials, fundraising support, and/or \_\_\_\_\_.
- I want to become a KARE Partner and pledge a monthly donation of \$\_\_\_\_\_.
- I will support KARE Nursery with my shopping (at no cost to me) by using a SaveMart S.H.A.R.E.S. card.

\_\_\_\_\_  
 \_\_\_ Name

\_\_\_\_\_  
 \_ Phone

\_\_\_\_\_  
 \_ Email (to receive our newsletter)

The KARE Crisis Nursery is a 501(c)(3) non-profit corporation as determined by the IRS. All donations are tax deductible (to the extent allowed by law).

**EIN 31-1744330**

**DLN 17053127722097**

**KARE Crisis Nursery is a participant in the Regional Crisis Nursery Collaboration.**



Community Partner

### SUPPORTERS:

First Five Commission of Nevada County  
 Catholic Healthcare West  
 Soroptimist International of Grass Valley  
 Hearst Foundation  
 Gold Country Kiwanis  
 Higgins Diggin's/Bear River Lions and Lionesses Clubs  
 Nevada City Lions Club  
 Rotary Inner Wheel  
 K.A.R.E. Partners (who pledge an ongoing monthly donation)  
 Local businesses and individuals

## Crisis Nursery Inc.

(Kids' Assistance and Respite in Emergencies)

**A Nevada County refuge for children (birth through age 5) whose families are in need**



**24-hour crisis line  
 530-575-1567**

**"I was able to make a lot of progress at Hope House because I didn't have to worry about my little girl and could concentrate on getting better."**

-Sally

(a mom whose small daughter was at KARE Crisis Nursery)

### K.A.R.E.

### Crisis Nursery Inc.

P.O. Box 2080  
 Grass Valley, CA 95945

Phone: 530-265-0693

Fax: 530-265-8439

24-hr. crisis line: 530-575-1567

E-mail:

[karedirector@sbcglobal.net](mailto:karedirector@sbcglobal.net)

Website:

[www.karecrisisnursery.org](http://www.karecrisisnursery.org)

**It's easy to get more information or ask for help. Just pick up the phone and call us.**

When parents are stressed and overwhelmed,

KARE is a refuge for their young children...

### 24-Hour Temporary Emergency Respite Care

Your child(ren) will receive quality care, as well as nutritious meals, their own bed, clothing, hygiene items, medical review and age-appropriate activities.

As parent/caregiver, you will receive support and guidance from a trained staff member as you work together to develop a plan to resolve the issue that brought you to us.

You are asked to maintain daily contact with your child and to visit at least every other day. Your child(ren) may receive 24-hour care for up to 30 days...at no cost to you.

When high levels of stress increase without support, relief or resources, instances of child abuse and neglect increase. Your child's stay at KARE Crisis Nursery may prevent involvement in the County or Court systems.



**Question:** Will my child(ren) be taken from me if I bring them to KARE Crisis Nursery?

**Answer:** Our purpose, first and foremost, is to provide support to families in crisis and respite to parents/caregivers in an effort to prevent child neglect or abuse. While we are obligated to report neglect or abuse to Child Protective Services, there is seldom a need to do so. Asking for help in time of need or crisis is an indication of your love and concern for your child (ren).

### Temporary Emergency Day Care

If you find yourself in an unexpected situation and need immediate and/or emergency child care, you can call KARE Nursery. You may then bring your child(ren) to us if space is available.

KARE Crisis Nursery can act as a bridge for you for up to 30 days while you find permanent childcare or your emergency is being resolved.

**Payment for these services may be based on a sliding scale and your ability to pay.**



**Question:** What is considered a "crisis"?

**Answer:** The definition of 'crisis' is determined on a case-by-case basis. While we do not prioritize crisis situations, we want to be most responsive to situations posing the greatest risk to the child(ren).



### Helping one another... Monitored Family Visits (Court-Ordered)

Another service KARE offers is a peaceful environment for court-ordered supervised visitations. We have a private living room area, as well as a large fenced yard where children and their parents can play.

Visits are scheduled in advance and based upon orders by a Judge. A Monitor is assigned to help with the visit and reduce tensions as much as possible. All visits remain confidential and private among those directly involved.

All of our Monitors are childcare professionals with a background in child development. They have been specially trained for quality court-ordered supervised visits.



**Question:** How do staff members handle children who "act out"?

**Answer:** KARE Nursery's trained staff uses positive, accepting and non-shaming methods to redirect the child's behavior and/or provide alternatives to unacceptable behavior. These methods are shared with parents.

**Question:** How often may parents use the Nursery?

**Answer:** Children may stay up to 30 days for 24-hour crisis care. For emergency day care, children may stay 30 times in a six-month period.

**KARE offers a safe, healthy and loving place where parents/caregivers may voluntarily bring their children in times of need.**

# **KidZKount / Head Start, Early Head Start, and State Preschool programs**

## **Contact Information:**

### **Applications & Enrollment:**

**886-4122, 800-655-0432  
1166 High St., Auburn Ca 95603**

### **Site Locations & Site Information:**

**Nevada City (TKM Family Resource Center) 265-5983  
Penn Valley (Ready Springs School Dist. Site) 432-9072**

**MISSION:** "Our mission is to empower children and their families to maximize their full potential through opportunities for growth and change." (KidzKount / PCAC Parent Handbook)

"KidZKount Head Start, Early Head Start, and State Preschool programs offer a high quality preschool/socialization experience for pre-birth to five year old children." (KidzKount / PCAC Parent program information)

"Early Head Start/Head Start children are afforded a safe and creative learning environment that focuses on the child's role within the entire family. KidZKount administers Head Start, EHS, State Preschool, Kindergarten Readiness Summer Camp and Private Provider programs throughout Placer and Nevada Counties. KidZKount strives to involve the entire family in addressing the educational and developmental needs of children." (KidzKount / PCAC Parent Handbook)

## **PROGRAM GOALS:**

- ◆ Offering early childhood education and developmentally appropriate programs for children ages 3-5
- ◆ Comprehensive prenatal support and parent education to pregnant mothers
- ◆ Comprehensive health services to children and families pre-birth to five years old
- ◆ Comprehensive social services support to families
- ◆ Family health services
- ◆ Parent involvement and parent participation
- ◆ Community partnership and community-based services

*The Public Health Department provides services to County residents of all ages and incomes.*

**GENERAL INFORMATION**

Hours: M - F 8:00 a.m. to 5:00 p.m.  
Most services are by appointment with some WIC evening services available.

Confidentiality: All services and contacts with the public are confidential.



**Nevada County  
Public  
Health Department**

500 Crown Point Circle, Suite 1110  
Grass Valley, California 95945  
(530) 265-1450  
Toll free number 1-888-363-1450

10075 Leona Avenue, Suite 207  
Truckee, California 96161  
(530) 582-7814

Rev. Nov 2010

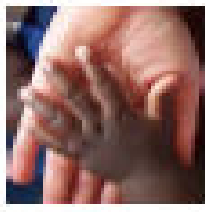
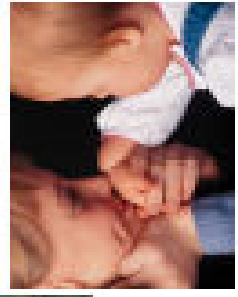
**Public Health  
Department Resources**

Visit our website:  
[www.mynevadacounty.com/ph](http://www.mynevadacounty.com/ph)  
[www.NCTEEN.com](http://www.NCTEEN.com)

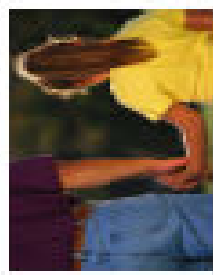
- PUBLIC HEALTH SERVICES**
  - General Information ..... (530) 265-1450
- CALIFORNIA CHILDREN SERVICES**
  - CCS ..... (530) 265-1462
- CHILD HEALTH & DISABILITY PREVENTION**
  - CHDP ..... (530) 265-1462
- CHILDHOOD LEAD POISONING PREVENTION**
  - CLPP ..... (530) 265-1450
- CLINICS**
  - Grass Valley ..... (530) 265-1450
  - Truckee ..... (530) 582-7814
- EMERGENCY PREPAREDNESS & PLANNING**
  - EPP ..... (530) 265-7174
- HEALTH EDUCATION** ..... (530) 265-1450
  - HIV/AIDS PREVENTION AND EDUCATION ..... (530) 265-1450
  - NUTRITION ..... (530) 265-1424
- TOBACCO USE PREVENTION** ..... (530) 265-7018
- MATERNAL CHILD & ADOLESCENT HEALTH**
  - MCAH ..... (530) 265-7269
  - MCAH Toll Free ..... 1-800-371-6662
- WOMEN, INFANTS AND CHILDREN**
  - WIC ..... (530) 265-1454  
Brunswick Plaza, 471 Sutton Way, Suite 204  
Grass Valley
- VITAL RECORDS**
  - Birth & Death ..... (530) 265-7264

**HEALTH AND HUMAN SERVICES AGENCY**

**NEVADA COUNTY  
PUBLIC  
HEALTH**



**DEPARTMENT**



*To safeguard and promote  
health in our community*

## HEALTH EDUCATION AND PREVENTION



### HEALTH EDUCATION.....

Provides educational brochures, resources and presentations for schools and community regarding chronic disease, including obesity, diabetes and heart disease, nutrition, tobacco, family planning, and birth control.

**HIV/AIDS PREVENTION & EDUCATION....**  
Provides a variety of HIV outreach and education services to the community. HIV/AIDS testing is available at Minors Community Clinic, & Truckee locations.

### TOBACCO USE PREVENTION....

Provides services which include civic group presentations, environmental tobacco prevention efforts and increasing outdoor smoke-free areas for Nevada County.

**CHILDHOOD LEAD POISONING PREVENTION.**  
Provides education for community, schools, medical practitioners, and childcare centers regarding lead poison screening, lead exposure risks and resources. Public Health Nurses provide case-management services and an environmental evaluation in cases of lead poisoning.

## VITAL RECORDS

### VITAL RECORDS.....

Registers all births and deaths in Nevada County.

- \* Hours: Monday - Friday, Crown Point Facility  
9:00 am - 12:00 pm and 1:00 pm - 4:00 pm
- \* Home Birth Registration
- \* Certified Birth & Death Certificates
- \* Burial permits

## WOMEN AND CHILDRENS SERVICES

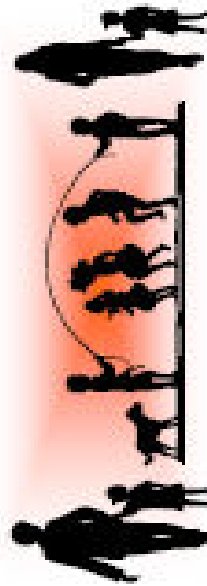
**WOMEN, INFANTS AND CHILDREN (WIC)....**  
A supplemental food and nutrition program for women, infants and children. Eligibility: Pregnant, postpartum and breastfeeding women, infants and children under age 5. Fathers and legal guardians may also receive services for their children. Families must be low to moderate income.

**MATERNAL, CHILD & ADOLESCENT HEALTH (MCAH)....**  
Assess the utmost needs of mothers, infants, children and adolescents and make appropriate referrals for benefits and services. Services include early childhood parenting education, home visits to pregnant and parenting women, breastfeeding education and support, and referral for postpartum depression counseling.

### CALIFORNIA CHILDREN SERVICES (CCS)....

Provides diagnostic evaluation and treatment services for children with certain physically disabling medical conditions. Eligibility: Under 21 years of age, CA resident with a CCS eligible medical condition. Financial eligibility is based on annual income or medical expenses for the child exceeding 20% of family income. Physical therapy and occupational therapy are provided free to medically eligible clients.

**CHILD HEALTH & DISABILITY PREVENTION PROGRAM (CHDP)....** CHDP provides complete physical exams at no charge to eligible participants. Eligibility: Birth to 21 years of age if on Medi-Cal. Birth to 19 years of age, if low to moderate income, without Medi-Cal. CHDP provides a gateway to Healthy Families Insurance or Medi-Cal coverage.



**EMERGENCY PREPAREDNESS AND PLANNING (EPP)....**  
Provides education and training to prepare individuals and the community in the event of natural or manmade disasters.

## COMMUNICABLE DISEASE

### CD PREVENTION.....

In conjunction with the Center for Disease Control (CDC) and the California Department of Public Health Services, the Public Health Department investigates and monitors infectious diseases and potential outbreaks in the community. Public Health Nurses promote awareness, education and investigations regarding the control and prevention of infectious diseases such as Giardia, Tuberculosis, Salmonella, Hepatitis, Chlamydia, and Fluosis.



## IMMUNIZATIONS

All childhood and routine adult immunizations are offered at the Mobile Services Van every Thursday afternoon from 1:00 to 4:00 PM in the Grass Valley Veterans parking lot at 255 South Auburn Street. Call 263-1450 for information on other locations.

## CLINIC

**HEALTH SERVICES....**Clinical services are provided at the Crown Point Facility, Grass Valley and the Joseph Center in Truckee.

TB skin testing every Monday, 8:00 am - 12:00 noon at the Crown Point Facility in Grass Valley.

The Truckee clinic offers clinical services 3 days per week. Services include routine immunizations for infants, children and adults; STD diagnosis and treatment; family planning services for women and men; HIV testing; TB skin testing; breast and cervical cancer screening; Domestic Violence Screening; and Teen Clinic, for ages 12 - 19, one afternoon a week.



## FOSTER YOUTH INDEPENDENT LIVING PROGRAM

112 New Mohawk, Ste. F  
Nevada City, CA 95959  
530-470-8510 · fax 530-470-8545

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### **Staff members:**

**Melissa Marcum, Program Coordinator**  
[mmarcum@nevco.k12.ca.us](mailto:mmarcum@nevco.k12.ca.us), ext. 202

**Helena Heinzelman, Case Manager**  
[helena@nevco.k12.ca.us](mailto:helena@nevco.k12.ca.us), ext. 212

**Purpose of Program:** To assist Nevada County foster youth and foster youth placed in Nevada County in making a successful transition to self sufficiency and living independently. Eligible youth must have been in foster placement on their 16<sup>th</sup> birthday. Services are available until youth are 21 years of age.

### **Program Objectives:**

- To provide mentors for youth to learn independent living skills in a one-on-one relationship.
- To teach life skills in a classroom/field trip setting that brings foster youth together as a group.
- To work toward high school completion (graduation, GED, Adult Ed) for all foster youth enrolled in the program.
- To provide career planning and skills development that promote self sufficiency. To assist in locating safe and affordable housing for all emancipated youth.

**Hours:** Monday – Friday  
8:00 a.m. – 5:00 p.m.



## FOSTER YOUTH SERVICES

112 New Mohawk, Ste. F  
Nevada City, CA 95959  
530-470-8510 · fax 530-470-8545

**Program Specialist:** **Mary Jane Ryan-Connelly**  
[maryjane@nevco.k12.ca.us](mailto:maryjane@nevco.k12.ca.us), Ext. 208

**Purpose of Program:** To meet the unique education needs of youth in out-of-home placement be it formal or informal foster care or guardianship and to provide support for their care providers.

### **Foster Youth Services is:**

#### **A Bridge**

- with foster parents and other care providers
  - with schools
  - with County Social Services, Probation, Public and Behavioral Health
  - with Foster Family agencies
- with other local agencies and non-profits

#### **A Resource for Youth**

- Academic tutoring available during school hours.
  - Support CPS in maintaining Health and Education Passports for Nevada County youth.
  - Case management i.e. Special Education needs, suspensions and expulsions, counseling, working with County and FFA social workers and families.
  - Possible enrichment classes in art and music.
- Independent Living Program for eligible foster youth.

#### **A Resource for Schools, Agencies, and Foster Families**

- Records search for new school enrollees
- Foster Kinship Care Education classes for foster parents and other care providers (includes Grandparent Support Group).
- Teacher Roundtable/In-service with Behavioral Health, Social Services and foster parents re: foster youth issues and concerns.

Resource and referral agent for anything having to do with foster youth.

**Hours:** Monday through Friday – 8 a.m. to 5 p.m.  
**Area Served:** Nevada County



## **PARTNERS**

### **Family Resource Centers**

**The Safe Schools Healthy Students (SSHS) collaborative is funding many evidence-based services, programs, and curriculum to support local children and families in Nevada County. Family Resource Centers (FRCs) are one of the most exciting new investments in our community funded by the SSHS grant.**

Family Resource Centers (FRCs) offer multiple services to families co-located in a single building. With SSHS grant funding, we have opened one FRC on the Hennessy school campus, one FRC on the Ready Springs campus, and expanded the hours and services of a pre-existing FRC on the Oak Tree campus on the San Juan Ridge. Together, the three FRCs are part of the newly formed FRC Network serving Western Nevada County called PARTNERS; *Resources Together, a Network of Education, Recreation, and Support.*

Although the FRCs are located on school campuses, they are intended to meet the needs of all families in the region, not just those whose children attend school at that location. Each of the Family Resource Centers offers the following core services: Parenting Classes and Workshops; Behavioral Health Therapists; Lending Libraries with parenting and employment resources; GED Assistance; Family Fun Nights; Child Development Information; Drop-In Play Space; Clothes Closet; Computer Lab; and more. Spanish speaking staff is available at the Hennessy and Ready Springs sites.

Each of the FRCs is staffed by a Community School Liaison (CSL) who works directly with families to connect them with the resources and services they need. If the needed services are not offered at the FRC, they will work with families to navigate systems and connect with resources available in the broader community. Most services at the FRCs are free of charge and families are encouraged to drop in during operating hours. FRCs have comfortable, inviting space for parents and children, including changing tables, toys, rocking chairs, couches, and the like.

If you are aware of a family that is in need of basic support and/or services, please refer them to one of the PARTNERS Family Resource Centers.

<p><b>FRC – GRASS VALLEY</b>            Karen Wallack-Eisen            235 S. Auburn St.            Grass Valley            (530) 273-4059  <a href="mailto:kwallack@gvsd.k12.ca.us">kwallack@gvsd.k12.ca.us</a>            9:00-6:00 M-F</p>	<p><b>FRC – PENN VALLEY</b>            Casey McCormick            10862 Spenceville Rd            Penn Valley            (530) 432-1118 x 249  <a href="mailto:cmccormick@pennvalleyschools.k12.ca.us">cmccormick@pennvalleyschools.k12.ca.us</a>            9:00-5:00 M-W, F 9:00-8:00 TH</p>	<p><b>FRC – N. SAN JUAN</b>            Diana Malley &amp; Diana            Pasqani            18847 Oak Tree Rd            Mail: PO BOX 630            N. San Juan – 95960            (530) 292-3174  <a href="mailto:frc@trsd.k12.ca.us">frc@trsd.k12.ca.us</a>            10:00-4:00 M-F</p>
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## NEVADA COUNTY

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# PROBATION DEPARTMENT

### JUVENILE UNIT

**DOUGLAS A. CARVER**  
Chief Probation Officer

Address: 109-½ North Pine Street

**MIKE DENT**  
Program Manager

Nevada City, California 95959

Telephone: (530) 265-1300

Fax: (530) 265-6293

### **School Truancy Community Outreach Program**

Works with young people grades K through 8<sup>th</sup>, offering outside intervention in collaboration with the middle schools to improve school attendance and performance. This is a prevention based program offering a variety of rewards to reinforce positive attendance and/or behavior. Furthermore, we offer a variety of support services for individual and family assistance, at no charge to the family, addressing specific needs with the goal of alleviating obstacles that may jeopardize school attendance including:

- Collaboration with individual school sites and the County Office of Education addressing appropriate placement needs or concerns
- Attendance/Truancy Contract
- Transportation
- Rewards (gift certificates to various food or fun activities in the community)
- R.E.A.C.H. Counseling Services
- Community Recovery Resources (CORR)
- Social Services
- Behavioral Health
- Wrap services referrals
- Housing, food, and clothing issues

Support services are offered as an early intervention to pre-SARB with the goal of deterring the SARB process. In some cases a student may continue on to SARB, in which case we continue to work with the student and family in conjunction with SARB Contract and services mentioned above:

**For further information, please contact the Juvenile Probation Department,  
Special Projects Division (JJCPA):**

**Lisa Hunerlach**  
School Truancy Officer  
265-7122 Office

**Mike Dent**  
Program Manager  
265-1211 Office

# R.E.A.C.H.

## OUTPATIENT THERAPEUTIC SERVICES

Counseling services are provided by licensed Marriage, Family and Child Therapists (LMFT) and licensed Clinical Social Workers (LCSW), and experienced and educated registered interns.

### R.E.A.C.H. Family Counseling, Inc.

#### **California s-corporation**

Individual, couples, family, and group counseling services are provided weekly, by weekly, or monthly to address a wide variety of social, psychological, emotional, and vocational problems that effect a client's overall health and well being.

#### **Treating people from 4 to 100.**

- Many insurance policies accepted
- Sliding scale fees

#### Treatment Issue

- Personal growth and success
- Self-esteem and self-concept
- Marriage/relationship concerns
- Premarital counseling
- Teen issues of all kinds
- Anxiety and depression
- Hopelessness
- Adults sexually or physically abused as children.
- Adult children of alcoholics
- Grief and loss from death, divorce, or other significant life changes
- Family "dysfunction": developing structure, limits and cooperation
- Family history and patterns negatively effecting personal behavior
- Healthy development at each stage of life: child, adolescence, early adulthood, parenting, retirement, senior

#### Working Toward

- Improved communication skills
- Healthy behavior patterns and decisions
- Positive relationship skills
- Improving social skills
- Identifying "stuck" patterns and interaction styles
- Developing healthy "roles" in family, work, and life
- Creating personal, relationship, and family goals and plans
- Improving effective child/parent relationships
- Strengthening the parental team
- Adjustment in step, foster, and adopted families

### Non Profit Child Abuse Program

#### **CHAT Project**

Counseling for minors (3 to 18) who are victims of abuse, neglect, domestic violence, school violence, community violence, and abduction, and who do not have access to services due to non-availability of services, lack of resources, and non-eligibility for any other counseling program. When eligible there is NO CHARGE to the family.

#### Services

- A warm, nonjudgmental environment
- Assessment and diagnosis
- Play therapy
- Treatment plan development
- Cognitive behavioral therapy
- Systems theory approach
- Brief directive therapy
- Psycho dynamic therapy
- Psycho education
- Referrals and recommendations
- Client advocacy
- Working with social service, probation departments, schools, legal and medical services, etc.

#### Contact

**(530) 477-7016 Office**

**(530) 477-5919 Fax**

[reach@omsoft.com](mailto:reach@omsoft.com)

***Kathy J. Ellis, LMFT***

**Executive Clinical Director**

#### **Mailing Address:**

**2036 Nevada City Hwy, #237  
Grass Valley CA 95945**



**Sierra Mentoring Partnership**  
138 New Mohawk Drive Ste. 274,  
Nevada City, CA 95959  
<http://www.sierramentoring.org>  
(530) 265-2900  
[info@sierramentoring.org](mailto:info@sierramentoring.org)

## **Mission**

The Sierra Mentoring Partnership builds bridges between a caring community and children in need through the development and support of safe, effective mentoring programs.

## **Vision**

The Sierra Mentoring Partnership strengthens our community by investing in our youth. We ensure that:

- Every young person who needs and wants a mentor has one;
- Mentoring programs are well managed, have the resources to meet the need, and demonstrate proven models of best practices;
- The community is engaged in collaborative partnerships that support mentoring; and
- Mentoring is a common and valued way of life.

## **Purposes**

SMP is the gateway to mentoring in Nevada County, dedicated to strategically expanding quality youth mentoring. For those who want to become a mentor, find a mentor, or improve their program, we act as mentoring consultants. To achieve our mission and fulfill our vision, we are committed to:

- Raising public awareness and community relations regarding the importance and impact of mentoring.
- Helping to create, expand and sustain high quality mentoring programs. As an umbrella agency for regional mentoring programs, we provide training, technical assistance, networking, advocacy, recruitment support and resources.
- Recruiting caring mentors to work with our youth and efficiently connect them to mentoring programs.
- Facilitating collaboration between mentoring agencies, local government, schools, the courts, faith-based organizations, and the community.



## **VISION**

We believe healthy families build healthy communities; we seek and find opportunities to make this happen.

## **MISSION**

Our mission is to enhance the lives of children and their families by providing and administering innovative programs and services that nurture, educate, inspire, support and expand opportunities for families and communities in the Sierra Nevada region.

## **VALUES**

Integrity Compassion Respect  
Communication Positive Attitude  
Accomplishment

## **CONTACT INFORMATION**

All numbers are in the 530 area code

### **Grass Valley Office 2 7 2 - 8 8 6 6**

256 Buena Vista, Ste 110  
Grass Valley, CA 95945  
e-mail [grassvalley@sncs.org](mailto:grassvalley@sncs.org)

### **Truckee Office 5 8 7 - 5 9 6 0**

P.O.Box 3239  
18839 Donner Pass Rd.  
Truckee, CA 96160  
e-mail [truckee@sncs.org](mailto:truckee@sncs.org)

### **Loyalton Office 9 9 3 - 1 2 8 8**

P.O.Box 1139  
Loyalton, CA 96118  
e-mail [loyalton@sncs.org](mailto:loyalton@sncs.org)

### **Downieville Office 2 8 9 - 1 1 0 0**

P.O.Box 9  
Goodyears Bar, CA 95944  
e-mail [downieville@sncs.org](mailto:downieville@sncs.org)

## **Our families thrive**

Dental Clinic  
Healthy Families/Medical  
Application Assistance  
Child Safety Seat Program  
Summer Recreation Program  
Afterschool Activity Program  
at Schools and Apartments

## **Our families play**

Community Resource & Referral  
Family Nights and Apartment  
Outreach  
Toy and Book Lending Library  
Community Chest

## **Our families discover**

Child Care Resource & Referral  
One-On-One Parent Support  
(subsidized child care)  
Website: [www.sncs.org](http://www.sncs.org)  
Mobile Resource Training Van  
The Good Years Family and  
Child Center

## **Our families are nurtured**

Parent Leadership Council  
Parenting Classes & ESL  
Clothes Closet  
Parent Advocacy Opportunities  
Promotora Outreach Network Home  
Visiting  
Family Advocacy  
In-Home Parenting Project

## **FOR CHILD CARE PROVIDERS:**

Professional Development Programs  
Educator Support Program  
Family Child Care Homes Network  
License Exempt Provider Support  
Child Care Initiative Project  
Provider Trainings

<http://www.sncs.org>

# **S.M.A.R.T.**

**Special Multi-Agency Referral Team**

## **FOCUS:**

Keeping our kids safe, healthy, at home, in school and out of trouble.

## **PARTICIPATING AGENCIES:**

Nevada County Behavioral Health

Nevada County Child Protective Services

Nevada County Community Health

Nevada County Probation

Nevada County Superintendent of Schools

Nevada County Superintendent of Schools, Special Education

## **For additional information:**

Toni Morris, 470-2736

## The Nevada County School Attendance Review Board (SARB)

When a student is deemed truant, and all efforts to produce needed changes in a student's attendance and/or behavior problem have been thoroughly exhausted by schools within Nevada County, a referral may be made to SARB (E.C. 48263).



California Education Code § 48260 states:

Any pupil subject to compulsory education or to compulsory continuation education who is absent from school without valid excuse three full days in one school year or tardy or absent for more than any 30 minute period during the school day without a valid excuse on three occasions in one school year, or any combination thereof, is a truant and shall be reported to the attendance supervisor or to the superintendent of the school district.

SARBs were created in 1974, by statute, with the intent of coordinating school, community, and home efforts in order to address student attendance and/or behavior problems.

The Nevada County SARB is comprised of representatives from the following organizations:

- ◇ California Welfare to Work
- ◇ Nevada County Juvenile Probation Department
- ◇ Nevada County Sheriff's Department School Resource Officer
- ◇ Children's Behavioral Health
- ◇ Nevada County Board of Education
- ◇ District Attorneys Office
- ◇ Local schools

By convening monthly, this Board aims to work with students and families to create individualized plans that maximize all available resources in order to resolve attendance and behavior problems- *ultimately diverting students with school related problems away from the juvenile justice system*. This plan is in the form of a legally binding SARB contract.

Referrals to SARB may be submitted by any of the schools within the Western Nevada County service region and may only be submitted by school administrators (e.g., principals, vice principals, school directors).

Once a SARB contract has been created, if a student and/or parent/guardian fails to comply and the student does not attend school regularly, SARB will take necessary steps to enforce compulsory laws.

**NCSoS SARB contact:** Melissa Parrett  
**Phone:** (530)478-6400 ext. 221

**Email:** [mparrett@nevco.k12.ca.us](mailto:mparrett@nevco.k12.ca.us)  
**Fax:** (530) 478-6410

# Student Attendance Mediation (SAM)

## PURPOSE

School truancy continues to negatively impact schools in Nevada County. Truancy can contribute to daytime crime, lower academic achievement, and lost revenue for the district. It can also contribute to school drop out as well as high risk behaviors such as drug use and teen pregnancy.

The California Education Code and the Welfare and Institutions Code provide for sanctions on truant students that may include fines, community service and removal or delay of driver's licenses as well as referrals to the juvenile probation department.

The purpose of the SAM team is to mediate between the school and the students and their families to assist in remedying the attendance issues. The team may consist of; the School Site Administrator, District Administrator, School Resource Officer, Probation Officer and a Family Court Judge.

Efforts in the mediation process may include:

1. referrals for assessments
2. mandated community service
3. attendance of community held counseling services
4. visiting various county agencies
5. transfer of schools, delay/revocation of driver's license  
referral to Probation as a 601(b)

Students and their families will initially meet with the team and various options and plans will be discussed and set into motion. Student progress will be monitored and follow up meetings may be scheduled.

**Contact your school site administrator for questions and/or additional information or refer to the NJUHSD web site: <http://www.njuhsd.com>**

# *Team 3 Family Counseling Center*

400 Hoover Lane  
Nevada City, CA 95959  
(530) 478-5701  
fax (530) 478-5703  
[team3.cm@nevco.k12.ca.us](mailto:team3.cm@nevco.k12.ca.us)

**Team 3 Family Counseling Center is Nevada County's oldest non-profit counseling resource.** Established in 1987 through Nevada County Superintendent of Schools, we have served over 1,200 local families. Director Susan Love, MFT, promotes the clinic on the principle that family therapy should be both accessible and affordable. "Our goal is to encourage effective communication between parent and child, teach parents strategies that are motivating and supportive, decrease family stress and conflict and create a parenting style that positively accentuates the childhood experience."

**Team 3 works closely with Nevada County schools, encouraging an allied approach to supporting children and distressed families.** All schools have the option of subsidizing individual or family counseling through our voucher program, designed to lessen the financial burden of therapy.

**Located within the Terrence K. McAteer Resource Center, Team 3 offers individual, couples and family therapy.** We also offer Cooperative Parenting classes. All counseling is done by Masters-level Marriage and Family Therapist Interns and Trainees.

**Fees are based on a sliding scale, beginning at \$40.00 per session.**

**Appointments are available Monday through Friday,  
with evening sessions available.**

**Call 478-5701 for more information or to schedule a counseling appointment.**